



**MAHATMA GANDHI UNIVERSITY**  
*of*  
**MEDICAL SCIENCES & TECHNOLOGY**  
JAIPUR

# **VAC 20**

  

# **CARDIAC**

  

# **REHABILITATION**

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## CARDIAC REHABILITATION

Sr. No.	Subjects of Study	20 hrs
1	Introduction: Goals of cardiac rehabilitation Cardiac rehabilitation team Role of physiotherapist	
2	Rational for cardiac rehabilitation: Early ambulation Exercise training Secondary prevention Education	
3	Manifestation of ischemic heart diseases: Cardiac arrest Angina pectoris Myocardial infarction cardiac surgery Drugs to control cardiovascular system	
4	Physiotherapy: Assessment Recording Treatment Outcome evaluation Complications of exercise	
5	Other considerations: The older patient Cardiac failure	

**Valvular heart disease**

**Compliance**

**Cost effectiveness**